



Newsletter

Established for
Flat water Paddlers
of all kinds
in April, 2003

Volume 9, Issue 2

June 2009

MEETING INFO

Date: June 25, 2009

Place:

Seaman's Lodge,
425-A Nimrod St.
Pioneer Park
Nevada City

Time: 6:30 Social
7:00 Meeting

Program Presentation:
"Paddling in Circles"

Speaker: Sean Morley
World Champion Kayaker

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Newsletter Editor:

Robin Hart

**Send articles and
contributions to:**

rhstarbird@earthlink.net

**(before the 15th
of the month)**

SNCKC Meeting, Thursday, June 25th "Paddling In Circles" with Sean Morley

We are excited to announce a slide show presentation "Paddling in Circles" by World Champion Kayaker SEAN MORLEY. This is a real treat for any kayaker to see.



Sean Morley; Originating from the UK, and now a resident of Marin Co. Ca. First kayak race 1978, competent in many disciplines: white water slalom, down river racing, marathon, sprint, wave ski, surf kayaking, at a National & International level. Expedition kayaking fastest crossing of the Irish Sea 11 hours 6 min. He circumnavigated UK & the Irish sea in 2004, 4500 miles in 183 days. In 2005 Sean assisted British kayak manufacturer Valley Sea Kayaks with the design of High Performance surf kayak called the "Rush" He began participating in kayak surfing competitions in 2006 as a way to promote the new kayak and in 2007 became the World Masters Champion and gained 2nd place in the Open category of the High Performance Class at the World Surf kayak Championship. In September 2008 Sean attempted to break the record for the fastest circumnavigation of Vancouver Island. He completed the 700 miles in 17 days 4 hrs taking over 6 days off the previous record. He is a sales rep. for Kokatat Water Sports Wear, member of Team P&H kayaks.

2009-2010 SNCKC OFFICERS

President: Wendy Thibeault

**Vice President /Trip Planning:
Ron Brunmeier**

**Membership Coordinator:
Marlee Chamberlin**

Treasurer: Dave Bishop

Program Director: Laszlo Privari

Newsletter/Web Editor: Robin Hart

Communications: Mike Tipton

Board Member At Large: Chris Crain

Board Member At Large: Jerri Powers

Board Member At Large: Jan Pendergast

Founder & Honorary

Board Member At Large: Kit Wiegman

Summer - Fall 2009 Trip Schedule

June 20 Tahoe Segment #1 Meeks to Kiva Beach - *Chris Crain 477-0616 & Lani Brunmeier 274-9550*

June 27 Sly Creek - *Wendy Thibeault 265-7907*

July 5 Moonlight Paddle on Lake Spaulding - *Wendy Thibeault 265-7907*

July 11 Tahoe Segment #2 - Tahoe Vista to Sand Harbor - *Chris Crain 477-0616*

& Lani Brunmeier 274-9550

July 18 Big River Mendocino (*Car Camping*) - *Leader TBD*

July 25 Bullards Bar - *Dave Bishop 272-7982*

August 7-9 Loon Lake Boat Camp - *Leader TBD/Wendy Co Lead 265-7907*

August 15 Stumpy Meadows - *Abrell's 273-3095*

August 22 Tahoe Segment #3 - Meeks to Tahoe City - *Chris Crain 477-0616 & Lani Brunmeier 274-9550*

August 28-30 Hell Hole Reservoir (*Car Camping*) - *Tipton's 273-9789*

September 12 American River - *Leader TBD*

September 19 Lake Wildwood BBQ - *Connie Wright 432-8991 & Chris Cason 432-3395*

September 26 Lake Clementine - *Wendy Thibeault 265-7907*

October 3 Gold Lake Camp - *Colleen Wirth 274-7794*

October 16-18 Pyramid Lake - *Joe Abrell 273-3095 & Susan Rossman 265-6146*

October 31 Englebright - *Leader TBD*

November 7 Lake Oroville Forebay - *Brunmeier's 274-9550*

November 21 Lake Natoma Pot Luck - *Abrell's 273-3095*

Members with trip suggestions or who have an additional trip they would like to schedule and lead may contact Ron Brunmeier at (530) 274-9550 or e-mail him at tigertail@theunion.net
Carpool arrangements are between drivers and riders, please coordinate accordingly.
All events are available to members and their guests. Paddlers not affiliated with SNCKC may attend at the discretion of the trip leader. All paddlers must sign a "Waiver of Release and Liability" before launching their paddle craft and must abide by the safety rules for the paddle.

Lake Natoma Day Paddle

Lake Natoma by *Connie Wright*

A perfect weather day. Not too hot. Not too cold. As usual, everyone enjoyed a picnic lunch at the tables. Water was down a little, but we were able to come back via the estuary.



***On the Beach at
Negro Barr***

Lunch at Negro Barr



***Paddling through the
estuary at Natoma***

Butt Lake Camping Trip

Butt Lake - A Great Camping Weekend

by Connie Wright

A great camping weekend. Campsites right on the lake and well kept. A bit hot the first day as we paddled the whole lake. Cooler the next day with threatening thunder, but very little rain. Great bird watching! A flat hike along Lake Almanor, followed by a lunch (and milkshakes) at an outdoor restaurant. 17 campers in all and great food, followed by a roaring campfire.



Butt Lake Put-In

*Serene Paddling
around the lake*



Photos by Connie Wright

More Butt Lake Trip, Cont'd.



Above: Connie & Ron Wright

Top Left : Table Talk with the gals

Middle Left: Twilight gathering at camp

*Lower Left: Lazing around the
campsite*

PROPER TRIP PLANNING by Laszlo Privari

Last month we had a real treat with Garth Schmeck owner of Penguin Paddlers, who gave us an introduction to Proper Trip Planning. It was too bad that we had a small turn out of hardy paddlers, because it is the loss of all those who did not make the General meeting. You had to be there to see the Penguin Paddlers internet links, the tool box of all the aids available, and how to use them. These tools make an outing a great event, and you wonder how did it turn out so good? In words I can not describe the energy, knowledge and fun Garth brought to the table. It is hard to summarize an evening full of laughter and learning, but this is what I took home with me:

- 1. Schedule on personal desire. No outside influences, dream big, nothing is crazy, get help to achieve it.**
- 2. Plan to win, it is a mini vacation. Have an alternate B plan in case? Put up a disclaimer in case of weather conditions prevent plan A. (go to Zoo, or winery, museum etc.)**
- 3. Legality of a scheduled trip. Do not worry, you are not responsible, unless you charge for a trip. Each person to pay for themselves, you do not pay anything or you are liable. There is ACA, PPA to protect you which cost money, not necessary.**
- 4. Do not get concerned with. a) how people get there? b) what people will paddle c) where will they stay? Do not baby sit people, accept people will do stupid things.**
- 5. What we can control? Check weather for next day, go to planned site and the worst you have to say we are not paddling today.**
- 6. Float Plan Prepare and fill out details, which you can leave with loved one, copy in car, at coast with Harbor Master etc.**
- 7. Gear List Fill out what you think is necessary for trip, any mandatory items, kayak length, use check list. For sample go to seakayaker.com**
- 8. Trip Agenda Develop simple or complex list, can copy from gear list. Can include suggested accommodation list (motel name) phone numbers etc.**
- 9. Do need to have: a) cell phone b) VHF radio for Ocean trip (Coast Guard tracker) Check Marine channel, local marine channel, ferry traffic channel. It should be water proof and float type. c) Spot Locator emergency responder (low jack) which can be used kayaking, hiking, anywhere. d) Lights – Power Flare (\$49 ?) Boat light e) First Aid kit (water proof box) f) Tow Harness with bungee section, have floatation device on line g) Spare paddle**
- 10. Go to Penguin Paddlers, Paddling group, Great Resources for the followings: Tide Tables (NOAA Report – National Source) Understand tidal intervals (slack between high and low) height of tide is not as important than Time of interval (see table)**
- 11. On Rivers: Check dam control, charts Ca.gov Department of water resources. Check scheduled releases, or emergency releases. Basic rule of thumb: Hot days – Fast Water, Cold days – Slow water.**
- 12. Weather Check for High Pressure zone – No waves, if Low Pressure, likely windy and high waves on lakes.**

For me it was a super introduction to Proper Trip Planning, the more one knows on this subject the more comfortable one would be to take on a trip for the club, or paddle with friends. Please note this is not an all inclusive check list, and it is not intended to be one, it is just the beginning.

All the best, keep on paddling, more lessons on the way for the future. Laszlo