



Newsletter

Established for
Flat water Paddlers
of all kinds
in April, 2003

Volume 9, Issue 9

February 2010

MEETING INFO

Date: February 25, 2010

Place:

Seaman's Lodge,
425-A Nimrod St.
Pioneer Park
Nevada City

Time: 6:30 Social
7:00 Meeting

Program Presentation:
"Backcountry Emergency
First Aid"

Speaker:
Bobbie Foster

IN THIS ISSUE:

TRIP SCHEDULE - Pg 2
Officers - Pg 2
Trips & Pics Pgs 3

Newsletter Editor:

Robin Hart

Send articles and
contributions to:

rhstarbird@gmail.com

(before the 1st
of the month)

Sea kayaking, Priceless (free) Seminar "Backcountry Emergency First Aid"

The unexpected! The unexpected can bring a smile, a laugh, joy, beauty... And the unexpected can bring fear, chaos, uncertainty, sadness, pain...

When the unexpected is a first aid emergency, it is so easy to call 911 and let the experts take control of the situation. But when help is delayed, then you will need to take charge.

During the February 25th, one hour presentation, Bobbie Foster of Foster Calm (www.fostercalm.com) will go over some key things you can do in a backcountry first aid emergency. By failing to prepare for the unexpected first aid emergency, we prepare to fail.

Bobbie is a wilderness – EMT who has been teaching wilderness first aid classes since 1994 for groups like Sierra Club, USGS, and BASK (Bay Area Sea Kayakers).

YOU can make a difference. Come and find out how.

Social hour at 6:30 and meeting starts at 7:00.

2009-2010 SNCKC OFFICERS

President: Wendy Thibeault

Vice President /Trip Planning:
Ron Brunmeier

Membership Coordinator:
Marlee Chamberlin

Treasurer: Dave Bishop

Program Director: Laszlo Privari

Newsletter/Web Editor: Robin Hart

Communications: Mike Tipton

Board Member At Large: Chris Crain

Board Member At Large: Jerri Powers

Board Member At Large: Jan Pendergast

Founder & Honorary

Board Member At Large: Kit Wiegman

Fall 2009 - Spring 2010 Trip Schedule

<i>Date</i>	<i>Place</i>	<i>Trip Leaders</i>
February 13	Ryer's Island	Wendy Thibeault
February 27	Rollins Lake	Marylin Yerkes
March 13	Lake Collins	Need Trip Leader
March 27	Camp Farwest	Chris Crain
April 10	Slab Creek	Chris Crain
May 8	Elk Horn Slough	Joe & Diana Abrell

For those who wanted the contact info for last month's speakers:

Their names are Gary and Monika Wescott.
www.turtleexpedition.com

FOR SALE:

2008 Activity Trailer. Asking \$1,100.

See www.activitytrailer.com for manufacturer's web page.

Ron Wright 432-8991

Members with trip suggestions or who have an additional trip they would like to schedule and lead may contact Ron Brunmeier at (530) 274-9550 or e-mail him at tigertail@theunion.net
Carpool arrangements are between drivers and riders, please coordinate accordingly.
All events are available to members and their guests. Paddlers not affiliated with SNCKC may attend at the discretion of the trip leader. All paddlers must sign a "Waiver of Release and Liability" before launching their paddle craft and must abide by the safety rules for the paddle.

Visit our website at www.mysnckc.org

Snodgrass Slough



Photos by Connie Wright